

SKYLINE DENTAL, LLC

OFFICE NEWSLETTER

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DENTAL NEWS & INFORMATION

FLUORIDE VARNISH Helps Prevent Cavities and Reduce Sensitivity

(Excerpts from the American Dental Association & Academy of General Dentistry Website)

Fluoride varnishes have been gaining increasing popularity in dentistry recently. Fluoride varnishes are basically a highly durable plastic coating that is applied onto the root and tooth surfaces. They provide relief from sensitivity and serve as a protective barrier. They are easily and painlessly applied with a brush or Q-tip and have been well tolerated by patients.

INDICATIONS FOR THE USE OF FLUORIDE VARNISH

- To help reduce hot/cold or sweet sensitivity on exposed root surfaces (or recession).
- A protective coating for areas at high risk for decay, or patients with a high sugar intake or diet.
- A preventive coating for white spots or early demineralization or decalcified areas on teeth.
- A short-term sealant (coating) for early or partially erupting molars on children, when a conventional sealant cannot yet be applied.
- A protective coating around teeth with braces to help reduce the risk of demineralization or decay in patients at increased risk for decay.
- Children or adults with developmental disabilities or reduced ability to maintain good oral hygiene.
- Toddlers (age 1-3) who breast feed on demand at night or sleep with a bottle containing a liquid other than water.

BENEFITS OF FLUORIDE VARNISH

- Sticks or adheres to the tooth surface, particularly in grooves, pits, micro-fissures or channels and slowly releases fluoride, when the pH or acidity in that area drops.
- A painless and easy application process.
- Rapid reduction in temperature sensitivity in areas where the gums have receded or the roots have become exposed.
- The coating stays on the teeth for approximately six months.
- Since it is applied as a liquid, it can flow into hard to reach areas, such as in between teeth.
- Relatively inexpensive and a covered benefit of many insurance policies.
- Effectiveness and safety has been proven in

studies over the past 20 years.

Feel free to ask our Dentists or Hygienists, if you have any questions or concerns about Fluoride Varnishes.

OFFICE NEWS & HAPPENINGS

Your Child's Dental Health

Regular visits to the Dentist help reinforce good brushing, flossing and other healthy oral habits for children. We can start seeing kids as soon as their teeth appear; to discuss proper care of the teeth, diet/nutrition, prevention and fluoride. Feel free to bring your youngsters along with you on your cleaning appointments, so they can get a ride in the chair and see for themselves that going to the dentist can be easy and fun.

Classroom Field Trip to the Dentist

Please let one of the Dentists in our office know, if you would like to schedule a 20-30 minute Field Trip for your class. We would be happy to have students and classes in our office, or we can make a special trip out to your school if that would be more practical (we can accommodate classes up to 18 students in our office).

We would prepare a complimentary and age-appropriate presentation covering topics such as:

- Brushing & flossing
- Healthy foods and snacks
- The importance of regular checkups and cleanings.
- What Dentists do (a few of our procedures & tools)
- Take questions and comments from the class.

Also please feel free to let us know if you have an older child or student with an interest in Dentistry, Dental Hygiene or Dental Assisting. Students are always welcome to "Job-Shadow" and get a first-hand view of careers in dentistry.

Our New Redecorated Downstairs Waiting Room

We hope you will enjoy our newly redecorated downstairs Waiting Room. Not that we like to make a habit of letting you sit and wait ... but it should hopefully make your visit to our office a bit more relaxing and comfortable.

\$20 Gift Certificates for your Referrals

As a token of appreciation to our existing patients, we will be mailing a Gift Certificate good for a *\$20 credit at our office*; when a New Patient to our office lists your name as the referral source to our dental practice (full details at our Front Desk).

We appreciate our existing patients and would welcome your extended family and friends into our practice. Feel free to refer your family and friends to our website (www.SkylineDentalLLC.com) for an overview of our practice, services and policies.

Please check with our Front Office for additional details and limitations about our Referral Appreciation Credit.